



WELL-BEING: Safety
PROHIBITED PRACTICES



RATIONALE

Caring for children is at the heart of what we do. UFCC will not allow or tolerate any practices that can be harmful to children's physical or mental well-being. Our procedures are based on the Child Care and Early Years Act, 2014.

RESPONSIBILITY

All staff.

The Child Care and Early Years Act, 2014 lists the following prohibited practices that may not be used in any UFCC program:

- Corporal punishment of a child;
- Physical restraint of a child, such as confining the child to a high chair, car seat, stroller or other device for the purposes of discipline or in lieu of supervision, unless the physical restraint is for the purpose of preventing a child from hurting himself, herself or someone else, and is used only as a last resort and only until the risk of injury is no longer imminent;
- Locking the exits of the child care centre or program for the purpose of confining the child, or confining the child in an area or room without adult supervision, unless such confinement occurs during an emergency and is required as part of the licensee's emergency management policies and procedures;
- Use of harsh or degrading measures or threats or use of derogatory language directed at or used in the presence of a child that would humiliate, shame or frighten the child or undermine his or her self-respect, dignity or self-worth;
- Depriving the child of basic needs including food, drink, shelter, sleep, toilet use, clothing or bedding;
- Inflicting any bodily harm on children including making children eat or drink against their will.

IMPLEMENTATION

- Prohibited practices will be reviewed at least annually to ensure they are current.
- Prohibited practices will be reviewed with employees, students and volunteers before they begin their employment, educational placement or volunteering; and annually thereafter and any other time when changes are made.
- Records of employee reviews of the Prohibited Practice Policy will be kept for 3 years by the Program or Area Supervisor.

MONITORING AND CONTRAVENTION

- Incidents where violation of the Prohibited Practices Policy has occurred will be addressed as outlined in the UFCC Progressive Discipline Policy.

Last Revision Approved:	October 2, 2023
Date of Next Review:	October, 2024